



Estrella Elena Teheng

May 3, 1944 - August 13, 2025

Estrella Elena Teheng, 81, of Bellville, GA, and wife of Dr. Raymundo Teheng, passed away peacefully on August 13, 2025. She was born in Tayug, Pangasinan Province, Philippines, on May 3, 1944, the eldest daughter of the late Jacinto and Nieves Mendoza.

She graduated with a Bachelor of Science in Nursing from Philippine Women's University in Manila. Estrella went on to work as Clinical Instructor for San Pedro Women's College of Nursing in Davao City, Philippines, where she met her husband. She was a beloved teacher there, so much so that she was an honorary guest at several class reunions. Many of her students continued to visit her decades after their graduation.

Estrella dearly loved the church and was the pianist and Catechism teacher for St. Christopher's Church in Claxton, GA, for many years. She loved to dance, was also an excellent cook, a passionate decorator, and a generous host. Her warmth and positive energy always filled the room and made you feel welcome and appreciated. She and her husband enjoyed many gatherings at their home, and her legacy lives on through the recipes she passed down and the fond memories of parties and celebrations in their home.

Estrella will be lovingly remembered by her three children, Ray, Arvin, and

Ryan; her daughters-in-law, Allison, Maria, and Beth; and her grandchildren, Jack, Sealy, Will, Emmy, Ellie, and Merritt. She is the eldest of her siblings including, Jing, Mila, Carmen, Potts, Engle, Red, and Lynn.

Friends and family are invited to celebrate a Funeral Mass for Estrella at 10:00 a.m. on Tuesday, August 26, 2025 in the Our Lady of Lourdes Chapel of St. Vincent de Paul Catholic Church, 6800 Buffalo Speedway in Houston, Texas.

In Lieu of flowers, the family asks for donations in Estrella's name to Houston Hospice - <https://www.houstonhospice.org/donate/>

Previous Events

Funeral Service

AUG **26**. 10:00 AM - 11:00 AM (CT)

St. Vincent de Paul Catholic Church
6800 Buffalo Speedway
Houston, TX 77025

Tribute Wall

CC

“ Cynthia C. planted a grove of 3 [Memorial Trees](/store/Product.aspx?ProductId=4518) in honor of Estrella Elena Teheng.

Cynthia C. - September 07, 2025 at 07:13 PM

A

“ Such a precious person, loved by many. She will surely be missed. The Evans Memorial Family in Claxton shares in your sorrow. Prayers to Dr. Teheng and all the family during this sad time.
Abbigail Todd Wilder

Abbigail Wilder - August 27, 2025 at 03:43 PM

JE

“ Joseph Earthman purchased the A Life Loved Casket Spray for the family of Estrella Elena Teheng.



Joseph Earthman - August 25, 2025 at 05:31 PM

JE

“ Joseph Earthman planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Estrella Elena Teheng.

Joseph Earthman - August 25, 2025 at 05:31 PM

ET

“ Eurilyn T. planted a grove of 3 [Memorial Trees](/store/Product.aspx?ProductId=4518) in honor of Estrella Elena Teheng.

Eurilyn T. - August 24, 2025 at 02:36 PM

JC

“ Jyo C. planted a grove of 3 [Memorial Trees](/store/Product.aspx?ProductId=4518) in honor of Estrella Elena Teheng.

Jyo C. - August 24, 2025 at 02:15 AM

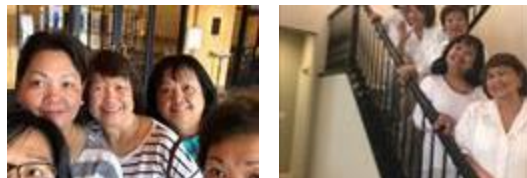
AG

“ Ameet Godbole planted a grove of 5 [Memorial Trees](/store/Product.aspx?ProductId=4518) in honor of Estrella Elena Teheng.

Ameet Godbole - August 19, 2025 at 11:06 PM

VG

“ Enjoyable moments of our Vegas trip will remain with us forever. Love you always, Ate.



Virginia Godbole - August 19, 2025 at 10:22 PM



“❤️



Venus Atencia-Teheng - August 17, 2025 at 09:57 PM



“*Maria lit a candle in memory of Estrella Elena Teheng*



Maria - August 17, 2025 at 09:54 PM



“*7 files added to the tribute wall*



Ryan Teheng - August 17, 2025 at 09:24 PM

AT

“ 2 files added to the tribute wall



Arvin Teheng - August 17, 2025 at 08:22 PM

RP

“ Rhylee, Faith, Lexi, and Paula purchased the Encanted Cottage for the family of Estrella Elena Teheng.



Rhylee, Faith, Lexi, and Paula - August 17, 2025 at 11:27 AM

AT

“ Arvin Teheng lit a candle in memory of Estrella Elena Teheng



Arvin Teheng - August 17, 2025 at 10:58 AM

LG

Mrs. Estrella Teheng was one of the Clinical Instructors of Class '68 at then San Pedro Hospital School of Nursing and the FAVORITE and role model of a CI. Professional, knowledgeable, caring, calm, patient, understanding, easy to talk to and very helpful to us "young newbies" who knew nothing, medical-wise.

She was our Guest of Honor in our 25th year class reunion, our very first, held in Los Angeles. Being our favorite, we invited her back as our Guest of Honor on our 50th year class reunion in Las Vegas. No longer "newbies" but almost retirees at this point.

Although we rarely met, few phone calls we made, talked about life in the past & present too.

Now you are gone, and I can personally admit that having you as our CI made our student nursing days easier and more enjoyable and fulfilling. REST IN PEACE, Estrell. You will be missed.

Lydia de Castro de Guia

Lydia De Guia - August 17, 2025 at 03:18 PM

AT

“ 1 file added to the tribute wall



Arvin Teheng - August 17, 2025 at 10:55 AM